

About your children's School Meals

We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at <https://www.gov.uk/apply-free-school-meals>

Our Food




Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and salt.

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us.

Week: 1
 Date: 2nd Sept, 23rd Sept, 14th Oct, 18th Nov
 9th Dec, 13th Jan, 3rd Feb

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.

Melbury



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Tomato & Basil Pasta with Cheese,
Baguette Slice and Seasonal Vegetables

Fish MSC Bubble Crumb served with Boiled Potatoes and Peas

Roast Chicken, Stuffing & Gravy,
Roast Potatoes and Vegetable Medley

Pork Hotdog with Baked Beans

Ham & Cheese Pizza served with Chips & Peas

Cheese Snack & Mashed Potatoes served with Seasonal Vegetables

Quorn Fajita Wrap served with Seasonal Vegetables

Quorn Roast, Stuffing & Gravy, Roast Potatoes and Vegetable Medley

Veggie Hotdog with Baked Beans

Cheese & Tomato Pizza served with Chips & Peas

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Dessert

Oaty Cookie

Chocolate Brownie

Ice Cream & Fruit

Sticky Toffee Pudding with Custard

Chocolate Crunchie With Fruit Wedges

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad


Fresh Fruit Salad



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Week: 2
 Date: 9th Sept, 30th Sept, 4th Nov, 25th Nov,
 16th Dec, 20th Jan, 10th Feb

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.

Melbury

Monday

Tuesday

Wednesday

Thursday

Friday

Sausage with Boiled Potatoes, Gravy & Seasonal Vegetables

Fish Fingers served with Chips and Peas

Roast Beef, Yorkshire Pudding & Gravy, Mashed Potatoes and Vegetable Medley

BBQ Chicken served with Rice and Seasonal Vegetables

Beef & Baked Bean Ragù (Bolognese) served with Potato Wedges Potato & Salad

Veggie Cumberland Sausage with Boiled Potatoes Gravy, & Seasonal Vegetables

Fishless Finger served with Chips and Peas

Quorn Roast, Yorkshire Pudding & Gravy, Mashed Potatoes and Vegetable Medley

Sweet Potato Curry served with Rice & Flatbread Seasonal Vegetables

Cheese & Tomato Pizza served with Potato Wedges & Seasonal Vegetables

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Shortbread Biscuit Milk

Chocolate Sponge & Custard

Lemon Drizzle Muffin

Ice Cream & Fruit

Oaty Cookie & Raisins

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



Main

Dessert




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Soil Association



Week: 3
 Date: 16th Sept, 7th Oct, 11th Nov, 2nd Dec,
 6th Jan, 27th Jan

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools.  = Vegetarian

For Allergen information please ask a member of the catering team.

Melbury



Monday

Tuesday

Wednesday

Thursday

Friday

Main

Beef Spaghetti Bolognese served with Baguette & Seasonal Vegetables

Salmon Fish Cake served with Potato Wedges & Seasonal Vegetables

Pork Sausage, Gravy & Yorkshire Pudding Mashed Potatoes and Vegetable Medley

Teriyaki Chicken served with Rice & Seasonal Vegetables

Beef Chilli with Chips & Seasonal Vegetables

Veggie Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables

Jacket Potato with Baked Beans and Cheese

Veggie Cumberland Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Vegetable Medley

Macaroni Cheese served with Baguette Slice & seasonal Vegetables

Cheese & Tomato Pizza served with Chips and Seasonal Vegetables

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Tuna Mayo/Ham Cheese Sandwich with Salad

Dessert

Jelly & Fruit

Oaty Cookie Milk

Lemon Iced Sponge with Custard

Flapjack with Raisins

Chocolate Shortbread Slice

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad

Fresh Fruit Salad



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