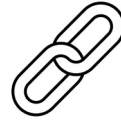




Melbury Primary Learning Links



Autumn Term

F1 - Gross Motor

Here I am / Traditional Tales

Key Knowledge— Large movements inside and out. Go up steps, climb up apparatus using alternative feet. Working on balance.

Spring Term

F1 - Gross Motor

Amazing animals / My home my world

Key Knowledge— Use large muscle movements to wave flags and streamers. Gross motor movements with balls

Summer Term

F1 - Gross Motor

Watch me grow / Journeys & Holidays

Key Knowledge— Creating obstacle courses. Use large muscle movements to point & make marks.

Summer term

F2—Gross Motor

Farm & Food / People who help us

Key Knowledge— Negotiate space & obstacles safety, with consideration for others.

Spring Term

F2—Gross Motor

Light & Dark / Paws, Jaws & claws

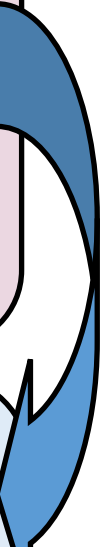
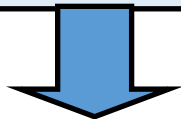
Key Knowledge— Develop overall body strength, co-ordination, balance & agility. Revise and refine fundamental movements skills—rolling, crawling, walking, jumping, running, hopping, skipping & climbing.

Autumn Term

F2—Gross Motor

Our class is a family / Festivals Celebrations

Key Knowledge— Collaborate with other to manage large items. Able to learn and remember sequences and patterns of movement which are related to music.





Links to EYFS Gross Motor

Links to EYFS Gross Motor

Links to EYFS Gross Motor

Spring Term
Year 1 - Attacking and Defending & Dance
Key Knowledge: To participate in team games developing simple tactics for attacking and defending . Jumping, throwing and catching

Summer Term
Year 1 - Striking and Fielding & Athletics
Key Knowledge: To master basic movements including running, jumping, throwing and catching. Begin to apply these in a range of activities Developing simple tactics for attacking and defending

Autumn Term
Year 1 - Yoga & Gymnastics
Key Knowledge: To master basic movements. Perform dances using simple movement patterns, Develop balance, agility and co-ordination

Melbury Primary Learning Links

Spring Term
Year 2– Yoga & Throwing and Catching
Key Knowledge: To master basic movements. Perform dances using simple movement patterns, Develop balance, agility and co-ordination
 Develop Throwing and catching skills

Autumn Term
Year 2– Dance & Attacking and Defending
Key Knowledge: Developing simple tactics for attacking and defending and to participate in team games . To master basic movements developing balance, agility and co-ordination

Summer Term
Year 2– Gymnastics, Striking and Fielding & Athletics
Key Knowledge: To master basic movements including running, jumping throwing and catching. Begin to apply these in a range of activities Developing simple tactics for attacking and defending

Spring Term
Year 3– Swimming & Cricket/Football
Key Knowledge: To swim competently, confidently and proficiently over a distance of at least 25 metres.
 To apply basic principles suitable for attacking and defending. Playing competitive games, modified where appropriate.

Summer Term
Year 3– Dance, Yoga ,Athletics & Striking and Fielding
Key Knowledge: To develop flexibility, strength, technique, control & balance. Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. Perform dances using a range of movement patterns

Autumn Term
Year 3– Basketball & Swimming
Key Knowledge: To use running, jumping, throwing & catching in isolation and in combination. To play competitive games.
 To use a range of strokes effectively and to swim competently.

Links to Yr 4 Autumn Term

Links to Yr 4 Spring Term



Melbury Primary Learning Links

Links to Yr 3 Autumn Term

Basketball

Links to Yr 3 Spring Term—Football

Links to Yr 3 Summer Term—Striking & Fielding



Autumn Term

Year 4 - Basketball & Yoga

Key Knowledge: To use running, jumping, throwing & catching in isolation and in combination. To play competitive games.

Develop flexibility, strength, technique, control and balance

Spring Term

Year 4 - Dance & Football

Key Knowledge: To perform dance using a range of movement patterns. To compare their performances with previous ones and demonstrate improvement to achieve their best.

To apply basic principles for attacking and defending.

Summer Term

Year 4— Cricket, Athletics & Striking and Fielding

Key Knowledge: To take part in outdoor and adventurous activity challenges both individually and in a team.

To play competitive games, modified where appropriate

Summer Term

Year 5— Cricket, Athletics & Striking and Fielding

Key Knowledge: To play competitive games, and apply basic principles of attack and defence.

To take part in outdoor and adventurous activity challenges both individually and in a team.

Spring Term

Year 5 - Racket Sports & Swimming

Key Knowledge: To play competitive games, and apply basic principles of attack and defence.

Use a range of strokes effectively. Perform safe self-rescue in different water-based situations.

Autumn Term

Year 5 - Dance, Swimming & Yoga

Key Knowledge: To develop flexibility, strength, technique, control and balance. To swim competently, confidently and proficiently over a distance of at least 25 metres.

Autumn Term

Year 6 - Racket sports & Football

Key Knowledge: To play competitive games, and apply basic principles of attack and defence. To develop flexibility, strength, technique, control and balance.

Spring Term

Year 6 - Cricket, Yoga & Striking and Fielding

Key Knowledge: To develop flexibility, strength, technique, control and balance. To play competitive games, and apply basic principles of attack and defence.

Summer Term

Year 6 - Athletics & Dance

Key Knowledge: To perform dance using a range of movement patterns. To compare their performances with previous ones and demonstrate improvement to achieve their best. To take part in outdoor and adventurous activity challenges both individually and in a team.

